IAPS Trampolining Championships

Date	TBC
Venue	Royal Russell School, Croydon, CR9 5BX
Bookings open	Tuesday 26 January 2027 at 8am
Age groups	U9, U11 and U13 boys' and girls'
Price	TBC

Entering the competition

Booking onto an event:

- All bookings are made online via the IAPS website.
- Only a member of school staff with a school email address can book onto an event.
- If the event is fully booked, please join the waiting list. Should space become available, we will contact you to offer you the space. There is no guarantee we can find schools a space to attend.

Eligibility:

- All competitors must attend an IAPS School.
- Competitors ages are taken from 1st September.
- Only competitors who are part of the Prep School are eligible to take part. Competitors in Year 7 and Year 8 who are part of the Senior School are not eligible to take part in U12 and U13 events.
- Pupils **can only participate in their correct age group.**
- All schools must bring first aid and additional first aid might be provided.
- All competitors **MUST** be accompanied by a suitably qualified trampoline coach.

Terms & conditions:

- Please make sure to read our booking terms and conditions before booking onto the event.

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Event information

Age groups and entries

- U9, U11 and U13 age groups for girls and boys
- There is an individual and team competition, pupils can enter either or both.
- Teams are to be single sex.
- Competitors are to compete in the same age group for both individual and team competitions.

Teams

- Teams consist of three or four competitors of the same sex, age group and school.
- The best three scores in each round count towards the final team score.

Award

- Individual places will be awarded from 1st to 6th place in all age groups
- There will be an A team competition with prizes awarded from 1st to 3rd.
- There will be a B team competition for schools wishing to enter more than one team. Places will also be awarded 1st to 3rd.

Routines

- There is a choice of three compulsory set routines, plus a voluntary routine (max of 5 tariff):

Compulsory routine 1	Compulsory routine 2	Compulsory routine 3
Front Drop	Full twist	Full twist
To Feet	Straddle	Straddle
Straddle jump	Seat drop	Seat drop
½ twist jump	½ twist to seat drop	½ twist to seat drop
Seat drop	½ twist to feet	½ twist to feet
½ twist to seat drop	Pike jump	Pike jump
½ twist to feet	Front drop	Back Drop
Tuck Jump	To feet	½ twist to feet
Pike jump	Tuck jump	Tuck jump
Full twist jump	½ twist	½ twist

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Equipment and dress

- Minimum 6mm Trampolines (6x4mm x 4x4mm)
- **Girls** – leotard and white socks or suitable trampoline shoes
- **Boys** – Shorts and T-shirt or long gym trousers, white socks or trampolining shoes.

Event programme

- The programme and event day information will be sent to schools approximately two weeks before the event.
- Schools will be asked to provide competitor details before attending the qualifier. In line with GDPR, only essential information is collected to be able to organise the event.

Para-sport

If you have a child at your school who you would like to get involved in one of our events, but an adaptation would be required, please contact the sport team to discuss. sport@iaps.uk

Rules and Regulations

- The national governing body for Trampolining in England is British Gymnastics.
- The championships are conducted under the British Gymnastics rules.
- Please read the rules and regulations in full before entering the event.

Risk assessment

A full risk assessment is carried out by the host. If you would like a copy of the risk assessment, please contact IAPS Sport.

IAPS policies

Please make sure you have read and understand our policies before booking onto an IAPS Sport event. All policies and procedures can be found on our website here.