



Independent
Association of
Prep Schools

S02: Maximising children's concentration, self-regulation and communication and language: recent evidence from neuroscience about optimal learning environments

Date Friday 10 January 2025

Venue Zoom, online

Cost IAPS members - £135 (non-IAPS members - £185)

Whether you are looking to improve children's focus and attention, boost their language and communication or support them to self-regulate their behaviour - did you know that the physical learning environment is often overlooked but research evidence shows that it makes a huge difference? This session explores the neuroscience behind how factors such as noise, visual clutter and being outdoors impact children's levels of arousal and their learning and behaviour. Led by experts in attention, stress and psychology, this session will offer practical tips on how to tweak the learning environment in simple ways for maximum success.

Audience Class teachers, school leaders, SENCOs

Course Director Prof Sam Wass, Professor of Early Years Neuroscience, co-founder of Nest.

Dr Gemma Goldenberg, psychologist and education expert, co-founder of Nest

Presenter(s) Prof Sam Wass, Professor of Early Years Neuroscience, co-founder of Nest.

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Programme

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Time	Activity - <i>Speaker</i>
0915	Registration and welcome
0930	Session 1: Basics of Brain Development - how children's brains process the sights and sounds around them differently from adults.
1000	Session 2: How learning environments influence concentration, self-regulation and language and communication.
1100	Break
1120	Session 3: Designing learning environments to be optimal for all types of learners
1230	Q&A
1245	Course End



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