



Independent
Association of
Prep Schools

R06: Menopause in the workplace not just for “women of a certain age”

Date Monday 22 January 2024
Venue Online via zoom
Cost IAPS members - £99 (non-IAPS members - £149)

Miss Menopause has been created to fill the void of educational services needed by working women as they reach the menopause. It's currently estimated less than 10% of companies across the UK are educating their workforce about the symptoms and impact that menopause may bring.

Who is affected? All reproducing women will go through the menopause with the average age being 51, however symptoms may begin many years before. Mental health issues can often arise due to menopause as well as a host of other symptoms. Everyone could be impacted by menopause in some way so best practice is to include everyone in the conversation.

Audience This course is inclusive and is suitable for any of your staff members whatever their position, age or gender
Course Director & Presenter Sharon MacArthur, Miss Menopause

Programme: Monday 22 January 2024

| Time | Activity |
|------|--|
| 1000 | Welcome and introduction |
| 1005 | Menopause quiz |
| 1115 | Break |
| 1125 | Terms of menopause |
| 1130 | Symptoms of menopause |
| 1135 | How to manage menopause |
| 1145 | Case studies of menopause in the workplace |
| 1200 | Course ends |



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Terms and conditions of cancellation: If a delegate cancels his or her application up to and including 8 weeks prior to the date of the course, a full refund will be provided. For bookings cancelled between 8 and 6 weeks, a refund of 75% of the fee will be given. Cancellations made between 6 and 4 weeks prior to the event will receive for a 50% refund, and 25% will be refunded up to and including 2 weeks prior to the date. Thereafter, IAPS regrets that no refund can be made. We are unable to reimburse you for any expenses incurred in advance, such as travel or accommodation costs which are no longer required due to the cancellation of a course, it being changed to a remote format, or delegates cancelling due to unforeseen circumstances, e.g. travel disruption. Schools should ensure they have the relevant insurance in place to cover these costs.

IAPS reserves the right to cancel an event at any time for example, but not limited to, if the event is unsustainable to run due to a low number of attendees, venue/speaker cancellation, transport issued (e.g. rail strikes). We will do all we can to ensure our courses go ahead as planned. There may also be occasions where courses that were due to take place in person may have to take place online.

Please ensure you have read and understood our [term and conditions](#) before proceeding with your booking.

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