

Food- From kitchen to classroom; making Cookery work in Prep Schools

24.04.2026 | 09:30 - 16:00

Location: The Beacon School, Buckinghamshire, HP6 5PF

IAPS Members: £199

Non-IAPS Members: £250

Audience: All teachers interested in teaching Cookery and Nutrition in Prep Schools

Course Director and Presenter: Kim Rowland, IAPS Subject Adviser and Head of Cookery and Nutrition at The Beacon School

This course is designed to help teachers introduce and deliver cooking lessons, regardless of their facilities or prior experience. Starting cooking education in primary school is a golden opportunity to build practical skills from a young age and lay the foundation for lifelong health, confidence, and creativity.

With the growing need to teach the importance of healthy eating, this course equips teachers with the knowledge, resources, and practical strategies to start hands-on cooking lessons in their schools and empower students to make informed, nutritious choices.

09:30

Registration and refreshments

10:00

How to adapt practical cooking lessons in different environments with limited facilities

11:00

Practical Lesson

13:00

Lunch

13:30

Practical Lesson

15:30

Question and Answer session

16:00

Course ends

As the day includes two practical cookery sessions, participants are advised to wear comfortable clothing and shoes suitable for a kitchen environment. For safety and hygiene reasons, long hair should be tied up during the practical activities.

SCHOOL

IAPS Courses Terms and Conditions

Cancellation: If a delegate cancels his or her booking, they are entitled to the following refunds based on the amount of time the booking was cancelled prior to the course:

- Up to and including 8 weeks prior: a full refund
- Between 8 and 6 weeks prior: a 75% refund
- Between 6 and 4 weeks prior: a 50% refund
- Between 4 and 2 weeks prior: a 25% refund
- 2 weeks prior or less: IAPS regrets that no refund can be made.

We are unable to reimburse you for any expenses incurred in advance, such as travel or accommodation costs which are no longer required due to the cancellation of a course, it being changed to a remote format, or delegates cancelling due to unforeseen circumstances, e.g. travel disruption. Schools should ensure they have the relevant insurance in place to cover these costs.

IAPS reserves the right to cancel an event at any time for example, but not limited to, if the event is unsustainable to run due to a low number of attendees, venue/speaker cancellation, transport issues (e.g. rail strikes). We will do all we can to ensure our courses go ahead as planned. There may also be occasions where courses that were due to take place in person may have to take place online.

Please ensure you have read and understood our [term and conditions](#) before proceeding with your booking.

Data Protection: At IAPS we are committed to protecting your personal data and we want to make sure we meet GDPR standards. For information on how we retain this data, go to our [Data Retention Policy](#), and for details of how we access it go to our [Privacy Policy](#).

We will continue to be in touch with you in line with our updated data policies. If you have a question about your data, want to update your details or have your data removed, contact us at data@iaps.uk.

Photography: Photographs will be taken at IAPS events and may be used for marketing purposes.

Insurance: IAPS regrets that it cannot accept liability for loss or damage however caused to the personal property of any person attending this or any other event organised under the auspices of the Association.

By booking a place on this course/conference, we will use your data to contact you about similar information in the future. You have the opportunity to unsubscribe from this now by contacting courses@iaps.uk or at any point subsequently that you do not wish to receive these communications by unsubscribing from the specific communication.



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