



Independent
Association of
Prep Schools

S24 MFL: Automate and systematise your teaching to save time, be more productive and focus on what's important

Date Friday 16 May 2025
Venue Holiday Inn London Bloomsbury, Coram St, London WC1N 1HT
Cost IAPS members - £229 (non-IAPS members - £329)

This engaging course combines presentations and interactive group activities to explore techniques and strategies that help teachers save time, boost productivity, and focus on what truly matters. Attendees will delve into the Pareto Principle, discussing how 80% of outcomes often stem from 20% of inputs, and will exchange tips for planning exceptional lessons efficiently. The programme also features a life coaching and time management expert, who will share insights on self-care, positivity, and professional growth, equipping participants with practical tools to enhance their teaching practice and advance their careers.

Audience Language teachers and anyone working in the field of language teaching
Course Director **Raphael Kopel:** Head of Languages, IAPS MFL Adviser, SATIPS Broadsheets Editor, Entrepreneur
Presenter(s) **Courtney Orange:** Entrepreneur, Wellbeing & Confidence Coach, Motivational Speaker
Crista Hazell: Former Head of Languages, Specialist Leader of Education (SEL), Consultant, Author
Raphael Kopel: Head of Languages, IAPS MFL Adviser, SATIPS Broadsheets Editor, Entrepreneur

Programme

Time	Activity - Speaker
0900	Registration
0930	Session 1: Cultivating a mind into MOTION – Courtney Orange Uncover resilience-building strategies to overcome overwhelm and foster a positive mindset. This session will empower you to approach teaching and relationships with pupils with renewed energy, confidence, and a proactive outlook.
1030	Morning refreshments



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1045	Session 2: Achieving efficiency through DEEP Focus – Courtney Orange Explore powerful adaptation strategies to cultivate deeper focus, enabling you to excel in both personal and professional arenas. This session will provide actionable insights to help you stay on track, maintain clarity, and consistently achieve your personal and professional goals with confidence and efficiency.
1145	Comfort break
1150	Session 3: Maximising efficiency inside and outside the classroom – Crista Hazell Discover how to plan impactful lessons that engage and inspire, while optimising every interaction with your students, senior leadership teams, colleagues, parents, etc. This session will equip you with practical strategies to enhance communication, collaboration, and overall efficiency in your teaching practice.
1250	Lunch
1350	Session 4: Less is More in the classroom – Raphael Kopel Discover tried-and-tested best practices to become your most effective self without overcomplicating your approach. This interactive workshop applies the Pareto Principle, helping you focus on what truly matters to create impactful lessons for learners of all levels.
1450	Afternoon refreshments
1510	Session 5: Practical Strategies and Tools for Success" – Raphael Kopel This closing session highlights practical, actionable strategies, principles, and activities that can be easily replicated to streamline efforts and minimise unnecessary work. Participants will identify "quick wins" to implement immediately and consolidate their learning by creating a summary grid of key takeaways from the day, forming a simple yet effective "toolbox" of strategies and ideas to use beyond the conference.
1610	Closing remarks

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