



## **Disability and inclusion**

Youth Sport Trust links to useful resources

August 2024

### **1. All About Autism, All About Me**

Developed by the Youth Sport Trust, and endorsed by the National Autistic Society, this is a digital and practical toolkit, building upon knowledge of autism spectrum conditions (ASC) and some of the key considerations for making PE and sport inclusive to all. It is free for schools across England to access.

### **2. TOP Sportsability**

TOP Sportsability is a unique inclusive activities programme developed by the Youth Sport Trust in partnership with National Governing Bodies of Sport.

### **3. Lead Inclusion schools**

There are 50 Youth Sport Trust Lead Inclusion Schools across England who have been selected for their recognised expertise in engaging young people with Special Educational Needs and/or Disabilities (SEND) to participate, compete and lead through PE, physical activity and school sport.

### **4. Inclusion programmes**

A list of inclusive programmes Youth Sport Trust run.

### **5. Inclusion 2024**

Inclusion 2024 is a programme funded by the Department of Education which aims to improve the quality of schools' physical education and school sport provision for SEND pupil working with PE leads, teachers, SENDCos and teaching assistants.

### **6. Move Like Me**

A group of young people with Special Educational Needs and Disabilities (SEND) have created a range of online sport and physical activity videos to inspire other young people with SEND to be active.