

IAPS Judo Championships

Bishopsgate School, Saturday 9th and Sunday 10th May 2026

Bookings are now closed.

Please email sport@iaps.uk to enquire about spaces or to be added to a waiting list.

Entering the competition

Booking onto an event:

- All bookings are made online via the IAPS website.
- Only a member of school staff with a school email address can book onto an event.
- If the event is fully booked, please join the waiting list. Should space become available, we will contact you to offer you the space. There is no guarantee we can find schools a space to attend.

Eligibility:

- All competitors must attend an IAPS School.
- Competitors ages are taken from 1st September.
- Only competitors who are part of the Prep School are eligible to take part. Competitors in Year 7 and Year 8 who are part of the Senior School are not eligible to take part in U12 and U13 events.
- Pupils **can only participate in one age group** throughout the competition. The competition is defined as both qualifying events and the finals.
- All schools must bring first aid and additional first aid might be provided.
- Each school may enter as many players as they like.

Terms & conditions:

- Please make sure to read our [booking terms and conditions](#) before booking onto an event.

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Entry conditions

- Each school may enter as many players as they like.
- Competitor details will be submitted through judo technologies
- **No NATIONAL or AREA medallists** are allowed to enter this event – this is a development event for more inexperienced judoka. Please respect this and select players who really need this event so all competitors can enjoy their experience.
- All players will be weighed when entered online; administered through Judo Technologies. There will be no weigh-in on the day. Coaches are trusted to weight and coach rate their players, so groups are as fair as possible.

British Judo membership 2025

- British Judo and IAPS continue to work together to ensure alignment to other IAPS sports and governance. All participants in 2025 will be expected to hold a minimum of a BJA Pathway membership – this cost is £10.
- Membership numbers will be requested from identified judo contact/coach, after initial entry by name and made by the school.
- As this was introduced in 2023, most students now already hold this. This membership must be in place to generate a membership number for tournament organisers. If your students do not already hold this membership, Nick.Shepherd@britishjudo.org.uk will assist your judo contact/coach to access this concessionary membership.

Competition format

Age groups

- This is a one-day competition for boys and girls
- Competitors must be aged between 8 and 13 years old (up to year 8 in school) and will be split into their respective age groups:
 - o Boys aged 8-9
 - o Boys aged 10-13 years (They will be indexed into groups)
 - o Girls aged 8-13 years (Prep school ages)

Coach player rating and index system

- An index system will be used at this event whereby players are pooled together in closest proximity to weight, age using DOB, level of experience and most importantly a COACH RATING system (See separate coach rating guidelines)

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- Please read this [document](#) in full to rate your competitors.

Format

- Contests times will be 2 minutes with 1 minute golden score if required.
- If the match is still drawn, the referee will make a decision on who they feel has been the most attacking.
- The competition will be run as an individual event using pools for up to 5 players. In some instances, there may be two pools into a final pool for more experienced players.
- All players will receive medals and participation medals.
- Each competitor will compete in their respective weight/age/ability (coach rating) categories.
- Index system to be used, pooling children of similar weight, age and ability (coach rating).

Competition awards

- All winners will receive medals
- A judo prize will be presented to the player who scores the 'ippon of the day' in each of the 3 sections.
- A judo prize will be presented to the player who shows outstanding judo spirit – this will be linked to the moral judo code.

Overall trophy

- Only players rated 4 and 5 will be able to score points for their respective school towards the overall trophy
 - o Gold = 5 points
 - o Silver = 3 points
 - o Bronze = 1 point
- The overall trophy will be awarded at the end of the day. The top 3 schools will receive trophies

Submitting competitor details

- Competitor details must be submitted through Judo technologies
- IAPS will provide the link for this at a later date.
- Details must be done in **FULL** and include coach rating, as well as weight, gender, age and date of birth etc. Incomplete submissions will not be accepted.
- The coach rating score for individual players is designed to ensure the pools are as fair as possible so that every child gets the best possible experience on the day. Coaches, please be objective.

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Data sharing

- IAPS will share the entrants list for the competition with the British Judo Association. Any participant without a minimum of BJA Pathway membership will not be able to compete.
- Judo technologies will be used to collate competitor entries and to effectively run the competition. The website's 'Data Protection Declaration' can be found [here](#).
- All schools and competitors who enter the event agree to IAPS sharing all information deemed relevant for the purposes of running the event with Core Judo Coaching and Judo Technologies.

Competition rules

Development rules

- Team managers/coaches are required to attend a briefing on the day of competition.

All contests will be run to the following development levels rules for this event:

- No drop techniques allowed
- No sutemi-waza allowed
- High five or fist pump prior to start of match (optional)
- In the first instance, the first score is to be Waz-ari unless a 'PERFECT' ippon- this is to enable the players to get more actual contest time (time on task)
- Referees are allowed to positively encourage and offer advice through the contest
- No coaching in the contest period except for in the matte period- referee to allow slightly more time in the matte period for this advice/coaching.
- No uranage or tani-o-toshi counter techniques allowed. This is for two reasons:
 - o To reduce injury to knee or ankle area and to prevent whiplash type landing
 - o To promote positive attacking judo where the onus is on the judoka to try and throw for ippon.
- No arm locks or strangles will be permitted.
- Competitors must not wear any jewellery, hard objects or metal hair clips, and hair must be tied back.

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- The Referee in Charge may make amendments to the BJA rulings on the day of the event and is responsible for ensuring all players / school coaches are aware of such rule changes PRIOR to the competition commencing.
- The area around the table officials must be kept clear at all times
- Any disputes regarding the officiating must be brought to the attention of the referee in charge and/or the competition controller at the time

Gum Shields

- Gum shields may be worn providing that, in the opinion of the referee, the shield does not pose a risk of injury to either the player wearing the shield or their opponent.
- The player wearing the shield is totally responsible for their own safety and where they consider necessary have received professional advice beforehand to establish that this is indeed the case.
- The referee reserves the right to refuse the player the right to compete if they deem the shield to be inappropriate in any way.

Equipment/Sportswear required by participants (on day of competition)

- Clean white judogis, which comply with IJF/BJA regulations, must be worn and provided by each competitor.
- School PE T-shirts may be worn by female competitors instead of the normal white. Male players can wear a school PE t-shirt if they wish.
- Blue and white belts.
- There will be at least 3 mat areas on the day of the competition.

Behaviour

- All competitors and coaches are to respect the values of Judo, its moral code and play the sport in a competitive but fair way.
- The British Judo and IAPS Code of Conduct for competitors, parents, coaches and spectators must be adhered to at all times during the event.

Disputes

- The Sport Organiser and Referee in charge will consult over any disputes. Their decision is final.

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Risk assessment

A full risk assessment is carried out by the host. If you would like a copy of the risk assessment, please contact [IAPS Sport](#).

IAPS policies

Please make sure you have read and understand our policies before booking onto an IAPS Sport event. All policies and procedures can be found on our website [here](#).