



Independent
Association of
Prep Schools

Q15: SEND – self-regulation, helping neurodiverse learners with sensory process, emotional and attention needs

Date Friday 17 March 2023

Venue Ambassadors Bloomsbury Hotel, London, WC1H 0HX

Cost £229 (non IAPS members - £329)

This course is for those supporting learners with neurodiverse needs to consider how best to develop self-regulation skills. It will cover challenges often associated with Autism, ADHD, attachment needs and those who find navigating the sensory, social and emotional demands of school life difficult. This course will be delivered by a Highly Specialist Occupational Therapist who specialises in Sensory Processing and a Senior Educational Psychologist who, amongst other initiatives, has developed the Emotional Literacy Support Assistant (ELSA) programme in a large Local Authority. In addition, there will be an opportunity for a Q&A/networking session led by the IAPS SEND Subject Adviser.

Audience SENCos, Heads of Learning Support, Specialist Teachers, SEN Support Assistants

Objectives This course will consider how best to support neurodiverse learners to develop their self-regulation skills in relation to sensory processing and social/emotional needs. It will enhance your understanding of these areas and you will explore a range of evidence-based and highly effective interventions and approaches to take back to your school.

Course Director Dr Katharine Sharpe, IAPS SEND subject advisor

Presenters Joanna Moore, Highly Specialist Occupational Therapist: Moore Occupational Therapy
Dr Sue Peters, Senior Educational Psychologist, Surrey County Council
Lydia Nicklin, Trainee Educational Psychologist, Surrey County Council

Programme: Friday 17 March 2023

0930 Registration and coffee

0945 Welcome and Introduction

1000 Sensory Processing: this session will help develop your understanding of sensory processing and its importance in schools including common sensory processing difficulties experienced by neurodiverse learners.

1100 Break

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- 1115** Sensory Processing: this session will cover sensory processing interventions such as Sensory Diets, the Alert programme and the Zones of Regulation, alongside how to implement sensory regulation interventions, strategies and approaches successfully in school.
- 1215** Lunch
- 1300** Emotional Regulation: this session will consider emotional regulation and its importance in schools. It will detail key ways to support children to develop their skills of emotional regulation and develop your understanding of interventions and approaches such as the Emotional Literacy Support Assistant (ELSA) training, Emotion Coaching and using trauma-informed strategies.
- 1500** Break
- 1515** Q & A with the IAPS SEND Subject Advisor: this session will offer an opportunity for networking and to discuss issues related to learning support provision within the independent sector such as statutory SEND requirements, the EHCP process and the concept of 'reasonable adjustments'.
- 1600** Course ends

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Terms and conditions of cancellation: If a delegate cancels his or her application up to and including 4 weeks prior to the date a refund of 75% of the fee will be given; 50% of the fee will be refunded up to and including 2 weeks prior to the date; thereafter, IAPS regrets that no refund can be made.

We will do all we can to ensure our courses go ahead as planned. Occasionally, for reasons outside our control and particularly in the uncertain times we find ourselves in, courses may be cancelled, or courses that were due to take place in person may have to take place online. While a refund of the course fee will be given where courses are cancelled by us, we will not be able to take responsibility for any expenses incurred by you in advance, such as travel or accommodation costs which are no longer required due to the cancellation of a course or it being changed to a remote format. We do hope you will understand.

Data protection: At IAPS we are committed to protecting your personal data and we want to make sure we meet GDPR standards. We hold your data so that we can send you details on future events. For information on how we retain this data and how we access it, view our data protection documents on www.iaps.uk/iaps-data-protection-documents.html. We will continue to be in touch with you in line with our updated data policies. If you have a question about your data, want to update your details or have your data removed, contact us at data@iaps.uk

Insurance: IAPS regrets that it cannot accept liability for loss or damage however caused to the personal property of any person attending this or any other event organised under the auspices of the Association.