



## Director of Sport Conference 2022

*For Directors/Heads of sport*

**Wyboston Lakes, Bedfordshire, MK44 3AL**  
**Monday 14 – Tuesday 15 November 2022**

## Develop your leadership game plan

The inaugural Director of Sport Conference will provide an opportunity to develop your leadership and management skills in a wide variety of areas. Whether you are new to your role, an aspiring senior leader or simply looking to run the best and most effective sports department that you can, the conference will provide guidance and strategies on areas such as inspection preparation, people management and strategic planning amongst many others. The programme is designed to share the experiences and ideas of contributors from a range of leadership areas as well as encouraging discussion, questions and contributions from attendees.

### Conference Directors



Sean Price, IAPS sport committee chair



Emily Connell, IAPS sports event manager

## Programme: Monday, 14 November

0900 onwards	Registration, refreshments and exhibition
1000	<b>Welcome</b> - <i>Sean Price</i>
1020	<b>Keynote 1: Perils of perfectionism in sport and education</b> – <i>Prof Andy Hill and Rob Lightfoot</i>
1110	<b>Refreshments and exhibition</b>
1150	<b>Keynote 2: How to deal with difficult situations (role play)</b> – <i>Helen Lowe</i>
1240	<b>Lunch and exhibition</b>
1350	<b>Seminar sessions 1</b> <ul style="list-style-type: none"> <li>• <i>Coaching parents for better outcomes for young people</i> – Richard Shorter, non-perfect dad</li> <li>• <i>Managing difficult situations</i> – Helen Lowe</li> <li>• <i>Inclusion and diversity</i> – Jamie Hooper, Inclusive Cultures</li> <li>• <i>Inspection</i> – Christopher Sanderson, Amadeus Consulting and Training</li> <li>• <i>Staff appraisal</i> – Mike Crossley</li> </ul>
1450	<b>Refreshments and exhibition</b>
1530	<b>Seminar sessions 2</b> <ul style="list-style-type: none"> <li>• <i>Coaching parents for better outcomes for young people</i> – Richard Shorter, non-perfect dad</li> <li>• <i>Managing difficult situations</i> – Helen Lowe</li> <li>• <i>Inclusion and diversity</i> – Jamie Hooper, Inclusive Cultures</li> <li>• <i>Inspection</i> – Christopher Sanderson, Amadeus Consulting and Training</li> <li>• <i>Staff appraisal</i> – Mike Crossley</li> </ul>
1630	<b>District meetings</b>
1900	<b>Drinks reception</b>
1930	<b>Conference dinner</b> <b>After-dinner speaker</b> – <i>Dr Suzie Imber</i>

## Programme: Tuesday, 15 November

0830	Refreshments and exhibition
0900	<b>Keynote 3: The Unsaid of L(l)leading</b> – <i>Adie Shariff</i>
1000	Refreshments and exhibition
1040	<b>Discussion panel: Hot topics within prep school sport</b> – <i>Sean Price (Chair of IAPS Sports Committee/Head at Westonbirt Prep), Mark Lloyd (Director of Sport at Great Walstead School), Wayne Faulconbridge (Director of Sport at Ratcliffe College Prep) and Samantha Rippington (Director of Sport at St Teresa's Effingham)</i>
1140	Refreshments and exhibition
1210	<b>Keynote 4: James Cracknell OBE</b>
1250	<b>Farewell</b>
1300	<b>Lunch</b>

## Session details

### KEYNOTE SESSIONS

#### **Perils of perfectionism in sport and education – Professor Andy Hill & Rob Lightfoot**

Perfectionism – the desire to be perfect - is an increasingly common characteristic among young people. In achievement contexts such as sport and education, it might seem like that this trait is something that is desirable or useful. However, research suggests that there are many downsides (or “perils”) of perfectionism that include motivation, performance, and wellbeing difficulties. The keynote will introduce perfectionism, its perils, and offer practical steps and resources available to better safeguard young people from the negative effects of believing you, others, or life, need to be perfect.

#### **How to deal with difficult situations – Helen Lowe**

#### **The Unsaid of L(I)earning – Adie Shariff**

Ask “What’s it take to lead?” & you’ll very quickly hear about being good with people & having vision. There is an unsaid word though - “learning.” Closing the gap between vision & reality is a learnt journey that isn’t a linear path. A common sense statement but rarely explored or acted on. So in this interactive session we’ll look at the practical mechanics of how leaders create learning environments & develop tenacious mindsets in their teams.

#### **Keynote 4 – James Cracknell OBE**

### SEMINAR SESSIONS

#### **Coaching parents for better outcomes for young people – Richard Shorter, non-perfect dad**

"Most of our parents are ok and supportive". Those 'ok' and supportive parents are some of best tools you have to supporting better outcomes for young people. In this session we will explore how to effectively coach those "ok" parents to ensure young people are getting the best chances to thrive and at the same time see how we can manage those parents who are 'not' ok. Richard will explore how to have effect parent communications and case studies in how to effectively coach parents.

#### **Managing difficult situations – Helen Lowe**

#### **Equality, inclusion and diversity – Jamie Hooper, Inclusive Cultures**

There has never been a more important time to ensure that every child is able to access sport. In this session we will discuss the principles of equality, diversity and inclusion and the challenges we face in this area. We will talk about where to start when making change, how to create more inclusive cultures, and we will discuss what everyone can do to help make a difference.

#### **Inspection – Christopher Sanderson, Amadeus Consulting and Training**

Chris Sanderson, a highly experienced retired ISI reporting inspector will guide delegates through what they need to know to prepare the sports department and the school in general for inspection. The seminar will explain the various formats of inspection, including a glance at the 2023 inspection framework, and associated school documentation. Delegates will improve their understanding of how best to show their department to inspectors, demonstrating the pupils’ learning, achievement and personal development and the school’s regulatory compliance.

#### **Staff appraisal – Mike Crossley**

## Conference exhibition

As usual, there will be an exhibition at the conference. This offers a wealth of benefits to attendees, including the opportunity to chat face-to-face with exhibitors who are experts in our sector, and the chance for you to gain knowledge of new products and resources to take back to your school. We are always very grateful for the support of these companies, and it also reduces your cost to attend.