



Independent  
Association of  
Prep Schools

## R25: Thinking for themselves: Promoting independent learning with metacognitive strategies

**Date** Tuesday 14 May 2024  
**Venue** Online via zoom  
**Cost** IAPS members - £135 (non-IAPS members - £185)

In this interactive professional learning workshop, delegates will be exploring how they can put metacognitive ideas into practice in their classrooms. Our focus for the session will be helping learners to become better thinkers who can engage with the curriculum more effectively. Attendees will be provided with strategies that enable children to take more ownership of their own learning. These universal approaches can be applied across subjects and age groups. We will explore the broad domain of metacognition and will continuously refer to the current research literature. Attendees will be given a toolkit of resources and strategies that can immediately be put to use in their classrooms.

**Audience** Director of Studies, Deputy Heads and teaching and learning coordinators  
**Course Director & Presenter** Paul Main, Structural Learning

**Programme: Tuesday 14 May 2024**

Time	Activity
0900	<b>Introduction and Objectives</b> – A brief overview of the workshop's objectives and the importance of fostering metacognition and independent learning behaviours in students.
0910	<b>Understanding Metacognition</b> - Discussion on what metacognition involves, its significance for developing independent learning behaviours, and its relevance to 'learning to learn' skills.
0940	<b>Strategies for Student Self-Regulation</b> - Practical session on strategies that help children regulate their thinking and effectively engage with tasks, including planning and monitoring techniques
1010	<b>Break</b>
1030	<b>Visualising Thinking and Removing Working Memory Barriers</b> - Exploration of how to make ideas accessible through visualisation and strategies to remove working memory barriers to ensure every student engages.
1100	<b>Higher-Order Questioning and Organising Ideas</b> - Discussion on how to promote deeper cognition through higher-order questioning and how to organise ideas and make connections to promote critical thinking.



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1130	<b>Toolkit of Resources and Strategies</b> - Final session providing attendees with a toolkit of resources and strategies that can immediately be put to use in their classrooms, including graphic organisers and a new thinking framework.
1200	<b>Course ends</b>



**Terms and conditions of cancellation:** If a delegate cancels his or her application up to and including 8 weeks prior to the date of the course, a full refund will be provided. For bookings cancelled between 8 and 6 weeks, a refund of 75% of the fee will be given. Cancellations made between 6 and 4 weeks prior to the event will receive for a 50% refund, and 25% will be refunded up to and including 2 weeks prior to the date. Thereafter, IAPS regrets that no refund can be made. We are unable to reimburse you for any expenses incurred in advance, such as travel or accommodation costs which are no longer required due to the cancellation of a course, it being changed to a remote format, or delegates cancelling due to unforeseen circumstances, e.g. travel disruption. Schools should ensure they have the relevant insurance in place to cover these costs.

IAPS reserves the right to cancel an event at any time for example, but not limited to, if the event is unsustainable to run due to a low number of attendees, venue/speaker cancellation, transport issued (e.g. rail strikes). We will do all we can to ensure our courses go ahead as planned. There may also be occasions where courses that were due to take place in person may have to take place online.

Please ensure you have read and understood our [term and conditions](#) before proceeding with your booking.

**Data Protection:** At IAPS we are committed to protecting your personal data and we want to make sure we meet GDPR standards. For information on how we retain this data, go to our [Data Retention Policy](#) and for details of how we access it go to our [Privacy Policy](#). We will continue to be in touch with you in line with our updated data policies. If you have a question about your data, want to update your details or have your data removed, contact us at [data@iaps.uk](mailto:data@iaps.uk).

**Photography:** Photographs will be taken at IAPS events and may be used for marketing purposes.

**Insurance:** IAPS regrets that it cannot accept liability for loss or damage however caused to the personal property of any person attending this or any other event organised under the auspices of the Association.

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