

IAPS Girls' Hockey Championships

Bookings open – Wednesday 6th May 2026, 08:00

Bookings close – Tuesday 9th June 2026, 23:55

Cost of entry – £65 per team

Entering the competition

Booking onto an event

- All bookings are made online via the IAPS website.
- Only a member of school staff with a school email address can book onto an event.
- If your chosen location is fully booked, please join the waiting list. Should space become available, we will contact you to offer you the space. There is no guarantee we can find schools an event to attend.

Eligibility

- All competitors must attend an IAPS School.
- Competitors age is taken from 1st September.
- Only competitors who are part of the Prep School are eligible to take part. Competitors in Year 7 and Year 8 who are part of the Senior School are not eligible to take part in U12 and U13 events.
- Pupils **can only participate in one age group** throughout the competition. The competition is defined as both qualifying events and the finals.
- All schools must bring first aid and additional first aid might be provided.

Terms & conditions

- Please make sure to read our [booking terms and conditions](#) before booking onto an event.

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Championship format

Rules and regulations

- 7-a-side
- Max of 10 players in a squad
- Girls' only teams
- Half astro pitch size
- The national governing body for hockey in England is [England Hockey](#).
- All IAPS hockey championships are conducted under the England Hockey In2Hockey rules, including events hosted in Scotland, Wales and abroad.

Please read the rules and regulations in full [here](#).

Rules to note

- The ball should be played below shoulder height.

Equipment

- Lightweight ball
- Face guards
- Gumshield
- Goalkeepers must be fully kitted

Umpires

- Schools must provide a competent and confident umpire, unless otherwise advised.

Qualifying for the finals

- Schools must enter a qualifier to be eligible for qualification to the finals.
- The number of teams qualifying for the finals is determined by IAPS based on the total number of entries and qualifying events.
- IAPS will publish a list confirming how many schools qualify from each qualifier after entries have closed.

Finals

- As many neutral umpires as possible will be provided to support the delivery of the finals.
- Schools **must** be prepared to provide an umpire for the finals.

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Medals and certificates

Qualifiers

- Cup & Plate - 1st - 3rd place will receive a medal.
- Bowl - 1st - 3rd place will receive a badge.

Finals

- 1st - 3rd place in the cup, plate and bowl competition will receive a medal.

Certificate

- A participation certificate is available for schools to download and issue to competitors [here](#).

Over age playing policy

If you have a pupil who is out of age and wishes to play Hockey with their year group, you can apply directly to England Hockey for approval to play out of age.

[England Hockey Over Age Players Policy.](#)

Scoring for the championships

Points

- 3 points for a win
- 1 point for a draw
- 0 points for a loss

Pool stages

The group order will be decided by the number of points scored by each team. In the event of a tie on points, the following will decide final placings:

1. Goal difference
2. Goals scored
3. Winner of match between the tied teams*
4. Barrage of 3 penalty shuffles (**3 players selected from the squad**)
5. Sudden death penalty shuffles**

*Head-to-head result between two teams is the result of the match played between the two tied teams.

**Sudden-death is started by the team that did not start the shoot-out and players may proceed in a different order from the initial best-of-three round.

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Knockout stages

In the event of a draw at full time, the winner will be decided by:

1. Barrage of 3 penalty shuffles*
2. Sudden death penalty shuffles*

Taking a penalty shoot-out (shuffles):

12.1 the goalkeeper/defending player starts on or behind the goal-line between the goal posts;

12.2 the ball is placed 3 metres outside the circle opposite the centre of the goal (*it is recommended a cone or marker is placed here*);

12.3 an attacker stands behind but near the ball;

12.4 the Umpire blows the whistle to start time;

12.5 an official at the technical table starts the clock or the umpires time this;

12.6 the attacker and the goalkeeper/defending player may then move in any direction;

12.7 the shoot-out (shuffles) is completed when:

12.7.1 8 seconds has elapsed since the starting signal;

12.7.2 a goal is scored;

12.7.3 the attacker commits an offence;

12.7.4 the goalkeeper/defending player commits an unintentional offence inside or outside the circle in which case the shoot-out (shuffle) is re-taken by the same player against the same goalkeeper/defending player;

12.7.5 the goalkeeper/defending player commits an intentional offence inside or outside the circle, in which case a penalty stroke is awarded and taken;

12.7.6 the ball goes out of play over the back-line or side-line; this includes the goalkeeper/defending player intentionally playing the ball over the back-line;

12.7.7 if the ball rebounds off a goalkeeper/defending player over the side-boards, the shoot-out is completed; if the ball is propelled by a goalkeeper/defending player over the side-boards, the shoot-out (shuffle) is retaken by the same player against the same goalkeeper/defending player.

Injury and accidents

- Play may be stopped if the Umpire deems it necessary due to the injury or illness of a competitor.
- Great care should be taken in moving an injured competitor or ill competitor from the court.
- Should the Primary Care Person/Umpire feel that an injury is critical (e.g., head, neck or back) and that the injured competitor should not be moved without assistance from Medical Staff, the umpires and schools should note the time lost during treatment and report it to the competition organiser who will adjudicate.

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Risk assessment

A full risk assessment is carried out by the host. If you would like a copy of the risk assessment, please contact [IAPS Sport](#).

IAPS policies

Please make sure you have read and understand our policies before booking onto an IAPS Sport event. All policies and procedures can be found on our website [here](#).