



Independent
Association of
Prep Schools

IAPS Girls' Hockey Championships

Bookings are now closed.

Please email sport@iaps.uk to enquire about spaces or to be added to a waiting list.

Entering the competition

Booking onto an event

- All bookings are made online via the IAPS website.
- Only a member of school staff with a school email address can book onto an event.
- If your chosen location is fully booked, please join the waiting list. Should space become available, we will contact you to offer you the space. There is no guarantee we can find schools an event to attend.

Eligibility

- All competitors must attend an IAPS School.
- Competitors age is taken from 1st September.
- Only competitors who are part of the Prep School are eligible to take part. Competitors in Year 7 and Year 8 who are part of the Senior School are not eligible to take part in U12 and U13 events.
- Pupils **can only participate in one age group** throughout the competition. The competition is defined as both qualifying events and the finals.
- All schools must bring first aid and additional first aid might be provided.

Terms & conditions

- Please make sure to read our [booking terms and conditions](#) before booking onto an event.

IAPS Girls' Hockey Championships

Championship format

Rules and regulations

- 7-a-side
- Max of 10 players in a squad
- Girls' only teams
- Half astro pitch size
- The national governing body for hockey in England is [England Hockey](#).
- All IAPS hockey championships are conducted under the England Hockey In2Hockey rules, including events hosted in Scotland, Wales and abroad.

Please read the rules and regulations in full [here](#).

Rules to note

- The ball should be played below shoulder height.

Equipment

- Lightweight ball
- Face guards
- Gumshield
- Goalkeepers must be fully kitted

Umpires

- Schools must provide a competent and confident umpire, unless otherwise advised.

Qualifying for the finals

- Schools must enter a qualifier to be eligible for qualification to the finals.
- The number of teams qualifying for the finals is determined by IAPS based on the total number of entries and qualifying events.
- IAPS will publish a list confirming how many schools qualify from each qualifier after entries have closed.

Finals

- As many neutral umpires as possible will be provided to support the delivery of the finals.
- Schools **must** be prepared to provide an umpire for the finals.

U11 – **Friday 28th November 2025 at Haileybury School**

U12 – **Monday 17th November 2025 at Clifton College Prep School**

U13 – **Friday 21st November at Wellington College Prep**

IAPS Girls' Hockey Championships

Medals and certificates

Qualifiers

- Cup & Plate - 1st - 3rd place will receive a medal.
- Bowl - 1st - 3rd place will receive a badge.

Finals

- 1st - 3rd place in the cup, plate and bowl competition will receive a medal.

Certificate

- A participation certificate is available for schools to download and issue to competitors [here](#).

Over age playing policy

If you have a pupil who is out of age and wishes to play Hockey with their year group, you can apply directly to England Hockey for approval to play out of age.

[England Hockey Over Age Players Policy.](#)

Scoring for the championships

Points

- 3 points for a win
- 1 point for a draw
- 0 points for a loss

Pool stages

The group order will be decided by the number of points scored by each team.
In the event of a tie on points, the following will decide final placings:

1. Goal difference
2. Goals scored
3. Winner of match between the tied teams*
4. Barrage of 3 penalty shuffles (**3 players selected from the squad**)
5. Sudden death penalty shuffles**

*Head-to-head result between two teams is the result of the match played between the two tied teams.

**Sudden-death is started by the team that did not start the shoot-out and players may proceed in a different order from the initial best-of-three round.

IAPS Girls' Hockey Championships

Knockout stages

In the event of a draw at full time, the winner will be decided by:

1. A period of "Golden Goal" extra time up to a maximum of 5 minutes
2. Barrage of 3 penalty shuffles*
3. Sudden death penalty shuffles*

*Taking a penalty shoot-out

- The ball should be placed 3m outside the circle opposite the centre of the goal.

The shoot-out is completed when:

- 8 seconds has elapsed since the starting signal
- A goal is scored
- The attacker commits an offence
- The goalkeeper commits an unintentional offence – the shoot-out should then be re-taken.
- The ball goes out of play over the back-line or side-boards

Injury and accidents

- Play may be stopped if the Umpire deems it necessary due to the injury or illness of a competitor.
- Great care should be taken in moving an injured competitor or ill competitor from the court.
- Should the Primary Care Person/Umpire feel that an injury is critical (e.g., head, neck or back) and that the injured competitor should not be moved without assistance from Medical Staff, the umpires and schools should note the time lost during treatment and report it to the competition organiser who will adjudicate.

Risk assessment

A full risk assessment is carried out by the host. If you would like a copy of the risk assessment, please contact [IAPS Sport](#).

IAPS policies

Please make sure you have read and understand our policies before booking onto an IAPS Sport event. All policies and procedures can be found on our website [here](#).