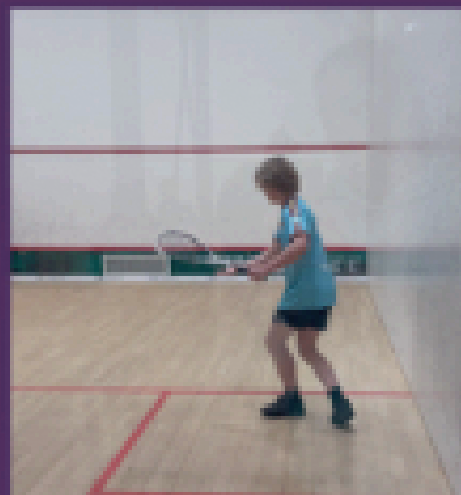
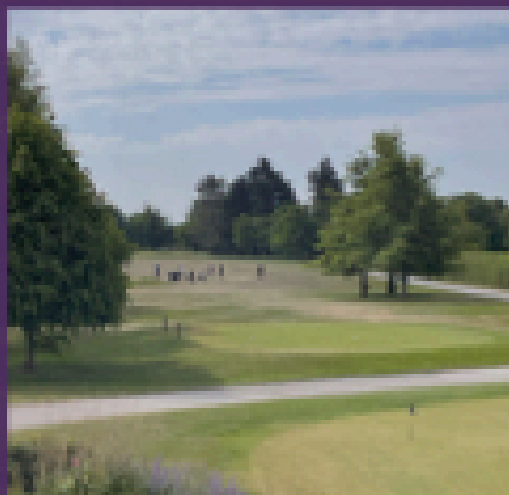
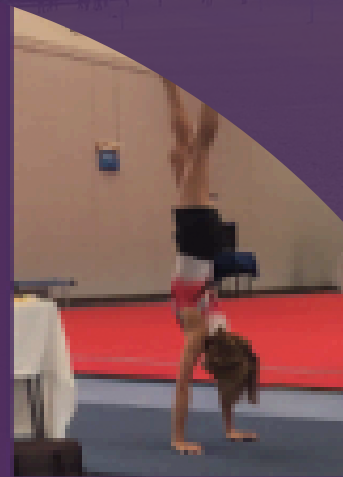




Independent  
Association of  
Prep Schools

## ABOUT THE IAPS SPORT PROGRAMME



# About IAPS

The Independent Association of Prep Schools (IAPS) represents over 660 of the world's top preparatory schools. IAPS is dedicated to promoting excellence in education and provides support to Heads who are committed to delivering the best learning and care for their pupils.

IAPS offers a wide range of sports and extra-curricular events designed to provide opportunities for pupils in member schools to enjoy the thrill of competition in a supportive and structured environment. The IAPS Sport programme is a key element of the Association's offerings, providing a diverse range of events covering multiple sports from athletics, swimming, and cricket to more specialised sports like fencing, skiing and shooting.

The Sport and Pupil Experience programme is organised and supported by a dedicated team, who work hard to ensure each event runs smoothly. The team offer assistance to hosts, providing guidance on event logistics, safety procedures, and best practices for effective event management. This support is essential in helping schools deliver high-quality events.

**Emily Nunan (Head of Sport and Pupil Experience)**

## Annually..



- 20 sports on the programme
- 3 arts events on the programme
- 160 events delivered each year
- 22,000+ entrants to events
- 400+ schools participate annually



# What's on the sport programme?

## AUTUMN TERM



Boys' and Girls'  
Football



Gymnastics



Girls' Hockey



Rugby

## SPRING TERM



Basketball



Boys' Hockey



Netball



Skiing



Swimming  
qualifiers

## SUMMER TERM



Athletics



Clay Pigeon  
Shooting



Cricket



Fencing



Golf



Judo



Sailing



Squash



Table Tennis



Tennis



Trampolining



Triathlon



Swimming  
finals



# Booking and planning IAPS sport events

## AUTUMN TERM

**Bookings open for Spring term events**



Football



Gymnastics



Girls' Hockey



Rugby

Want to host? IAPS starts planning for summer term. Contact us at [sport@iaps.uk](mailto:sport@iaps.uk) for more information.

## SPRING TERM

**Bookings open for Summer term events**



Basketball



Boys' Hockey



Netball



Skiing

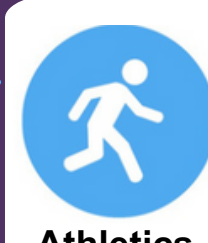


Swimming qualifiers

Want to host? IAPS starts planning for autumn term. Contact us at [sport@iaps.uk](mailto:sport@iaps.uk) for more information.

## SUMMER TERM

**Bookings open for Autumn term events**



Athletics



Clay Pigeon Shooting



Cricket



Fencing



Golf



Judo



Sailing



Squash



Table tennis



Tennis



Trampolining



Triathlon

Want to host? IAPS starts planning for spring term. Contact us at [sport@iaps.uk](mailto:sport@iaps.uk) for more information.



# WHAT'S ON THE SPORT PROGRAMME?

## ATHLETICS

**Term:** Summer term

**Venue:** K2 Crawley

**Age groups:** Boys' and Girls' U11 and U13

**Date:** May 2026

### Format:

1. Pupils compete in teams of six
2. Each athlete participate in one track and one field event.
3. 4 x 100m relav

Track events*		Field events
U11	U13	
80m Sprint	100m Sprint	Long jump
150m Sprint	200m Sprint	Vortex throw
600m run	800m run	High jump



## BASKETBALL

**Term:** Spring term

**Venue:** TBC

**Age groups:** U11 and U13

**Date:** March 2026

### Format:

1. Round robin tournament leading to semi-finals and a final.
2. Maximum 10 players per squad
3. Teams can be made up of boys, girls or be mixed.



## CLAY PIGEON SHOOTING

**Term:** Summer term

**Venue:** West London Shooting School

**Age groups:** U11, U12 and U13

**Date:** Thursday 7th May 2026

### Format:

1. U11 & U12 - 30 bird shoot
2. U13 - 50 bird shoot
3. Each school can enter a maximum of 6 shooters per age group.
4. Teams can be mixed gender
5. Aimed at developing the sport from a near beginner, but not complete novice.



# WHAT'S ON THE SPORT PROGRAMME?

## CRICKET

**Term:** Summer term

**Age groups:** Boys' and Girls' U11 and U13

**Qualifier locations:** Multiple locations

**Dates:** April - June 2025

### Format: U11

1. Eight-a-side festival format
2. Squads of a maximum of ten players.
3. Played in accordance with the ECB'S recommended formats for children.

### Format: U13

1. Draw format.
2. IAPS will make the draw and share with all teams.
3. Squads of 12 players for matches.
4. The winning team will progress through to the next round of the competition.
5. The semi-finals and finals will be held on the same day.



## FOOTBALL

**Term:** Summer term

**Age groups:** Boys' and Girls' U11 and U13

**Dates:** April - June 2026

### Format:

1. 7-a-side, max 10 players in a squad
2. Conducted under the FA small sided football rules

### Finals dates and venues:

U11 Boys' - Millfield Prep on Sunday 23<sup>rd</sup> November 2025

U13 Boys' - Summer Fields on Wednesday 12<sup>th</sup> November 2025

U11 Girls'- Cranleigh Prep on Friday 14<sup>th</sup> November 2025

U13 Girls' - Royal Russell on Saturday 15<sup>th</sup> November 2025





# WHAT'S ON THE SPORT PROGRAMME?

## FENCING

**Term:** Summer term

**Venue:** Millfield School

**Age groups:** U11 and U13

**Date:** May 2026

### Format:

1. Sabre, Epee and Foil competitions.



## GOLF

**Term:** Summer term

**Venue:** Minchinhampton Golf Club

**Age groups:** U9, U10, U11 and U13

**Dates:** 29th and 30th April 2026

### Format:

1. Individual and/or team entries.
2. A team is made up of 3 players per age group.
3. Schools can only enter 1 team per age group.
4. Competitors must be competent golfers and not total beginners.
5. Scores for all 18 holes will be calculated on a modified Stableford system.



## GYMNASTICS

**Term:** Autumn term

**Venue:** TBC

**Age groups:** U9, U10, U11 and U13

**Dates:** November 2025

### Format:

1. 2-piece and 4-piece competitions.
2. Group sequence





# WHAT'S ON THE SPORT PROGRAMME?

## BOYS' HOCKEY

**Term:** Spring term

**Age groups:** Boys' U11, U12 and U13

**Qualifier locations:** Multiple locations

### Format:

1. 7-a-side, max of 10 players in a squad.
2. Conducted under the England Hockey In2Hockey rules
3. Schools compete at one qualifier for a spot at the finals. Qualifiers can be a round robin format or groups leading to knockouts.
4. Finals start with group stages before progressing to knockouts.

### Finals dates and venues:

U11 - Repton School on Friday 20th March 2026

U12 - St Edwards School on Friday 30th January 2026

U13 - Framlingham College on Monday 9th March 2026

## GIRLS' HOCKEY

**Term:** Autumn term

**Age groups:** Girls' U11, U12 and U13, Small Schools' U11 & U13

**Qualifier locations:** Multiple locations

### Format:

1. 7-a-side, max of 10 players in a squad.
2. Conducted under the England Hockey In2Hockey rules
3. Schools compete at one qualifier for a spot at the finals. Qualifiers can be a round robin format or groups leading to knockouts.
4. Finals start with group stages before progressing to knockouts.

### Finals dates and venues:

U11 - Haileybury School on Friday 28th November 2025

U12 - Clifton College on Monday 17th November 2025

U13 - Wellington College on Friday 21st November 2025



# WHAT'S ON THE SPORT PROGRAMME?

## NETBALL

**Term:** Spring term

**Age groups:** U11, U12 and U13 and Small School's U11 & U13

**Qualifier locations:** Multiple locations

### Format:

1. 7-a-side, max of 10 players in a squad.
2. Teams across all age groups must consist of girls only.
3. 10ft post, size 5 ball.
4. U11 BEE netball - There are a couple of BEE netball tournaments for U11's, which follow Bee netball stinger stage rules.
5. Schools compete at one qualifier for a spot at the finals. Qualifiers can be a round robin format or groups leading to knockouts.
6. Finals start with group stages before progressing to knockouts.

### Finals dates and venues:

U11 - TBC

U12 - Cranleigh School on Monday 2nd March 2026

U13 - TBC





# WHAT'S ON THE SPORT PROGRAMME?

## JUDO

**Term:** Summer term

**Venue:** Bishopsgate School

**Age groups:** Boys' and Girls' U11 and U13

**Date:** May 2026

### Format:

1. One day competition
2. Aged between 8 and 13 years.
3. Index system used whereby players are pooled together in closest proximity to weight, age, level of experience and a coach rating system.



## RUGBY

**Term:** Autumn term

**Age groups:** U11 and U13

**Qualifier locations:** Multiple locations

### Format:

1. We do not publish scores and no prizes are awarded, reflective of results.
2. 9-a-side, max 12 players in a squad.
3. Matches follow RFU regulation 15 rules
4. Teams can be made up of both boys and girls.



## SAILING

**Term:** Summer term

**Venue:** Andrew Simpson Sailing Centre

**Age groups:** U11 and U13

**Date:** May 2026

### Format:

1. Zest's will be used for the competition.
2. Each school is limited to two boats per age group with two sailors in each boat per day.
3. Four races are schedule daily (weather dependent)





# WHAT'S ON THE SPORT PROGRAMME?

## SKIING

Term: Spring term

Venue: Italy

Age groups: U9, U11 and U13

Date: March 2026

### Format:

1. The Championships include:
  - a. Giant Slalom: Team and Individual Competitions
  - b. Parallel Team Slalom: Team Competitions



## SQUASH

Term: Summer term

Venue: TBC

Age groups: U11 and U13

Date: April 2026

### Format:

1. Pool matches followed by further matches played in a Monrad format to decide overall placings, cup, plate and bowl winners.
2. Conducted under the England Squash Rules.
3. Girls' can take part in one or both the U11/U13 and girls' competition.



# WHAT'S ON THE SPORT PROGRAMME?

## SWIMMING QUALIFIERS

**Term:** Spring term

**Age groups:** U10, U11, U12 and U13

**Qualifier locations:** Multiple locations

**Dates:** Qualifiers take place between January - March 2026

### Format:

1. Schools can only enter swimmers in one qualifying gala.
2. Swimmers can only compete in 1 individual event and both relays.
3. Swimmers can only compete in one age group
4. Swim Manager software will be used to collate results.

## SWIMMING FINALS

**Term:** Summer term

**Venue:** London Aquatics Centre

**Age groups:** U10, U11, U12 and U13

**Dates:** Saturday 6th June 2026

### Format:

1. The top 20 individual swimmers from the qualifiers will be invited to the finals.
2. The top 10 relay teams from the qualifiers will be invited to the finals.



# WHAT'S ON THE SPORT PROGRAMME?

## TABLE TENNIS

**Term:** Summer term

**Venue:** Edge Grove School

**Age groups:** U11 and U13

**Date:** April 2026

**Format:**

1. Singles competition for girls' and boys'.
2. Round robin format followed by a knockout cup and plate competition.
3. Matches will be 2 games to 11 with a sudden death at 10 all.
4. Schools may enter 4 competitors per age group, per gender.



## TENNIS

**Term:** Summer term

**Venue:** Clifton College

**Age groups:** U11 and U13

**Date:** 11th and 12th May 2026

**Format:**

1. A team is made up of two players of the same sex.
2. Teams will be allocated to a pool based on LTA rankings.
3. Round robin format.
4. All matches will follow FAST4 scoring.
5. Teams will play one rubber per match.



## TRAMPOLINING

**Term:** Summer term

**Venue:** Royal Russell School

**Age groups:** U9, U11 and U13

**Date:** June 2026

**Format:**

1. Individual and team competition, pupils can enter either or both.
2. Teams consist of three or four competitors of the same sex, age group and school.
3. The best three scores in each round count towards the final team score.
4. Choice of three compulsory set routines, plus a voluntary routine.



# WHAT'S ON THE SPORT PROGRAMME?

## TRIATHLON

**Term:** Summer term

**Venue:** Monkton Prep School

**Age groups:** U10, U11, U12 and U13

**Date:** May 2026

### Format:

1. Races conducted under the British Triathlon rules.
2. Please see swim, bike and run distances for each age group below:

#### Swim distances

Year Group	Swim distance	Swim laps/lengths
Year 5	150m (50m in each lane)	6 (enter lane 2; exit lane 4)
Year 6	200m (50m in each lane)	8 (enter lane 1; exit lane 4)
Year 7	200m (50m in each lane)	8 (enter lane 1; exit lane 4)
Year 8	300m (75m in each lane)	12 (enter lane 1; exit lane 4)

#### Bike distances

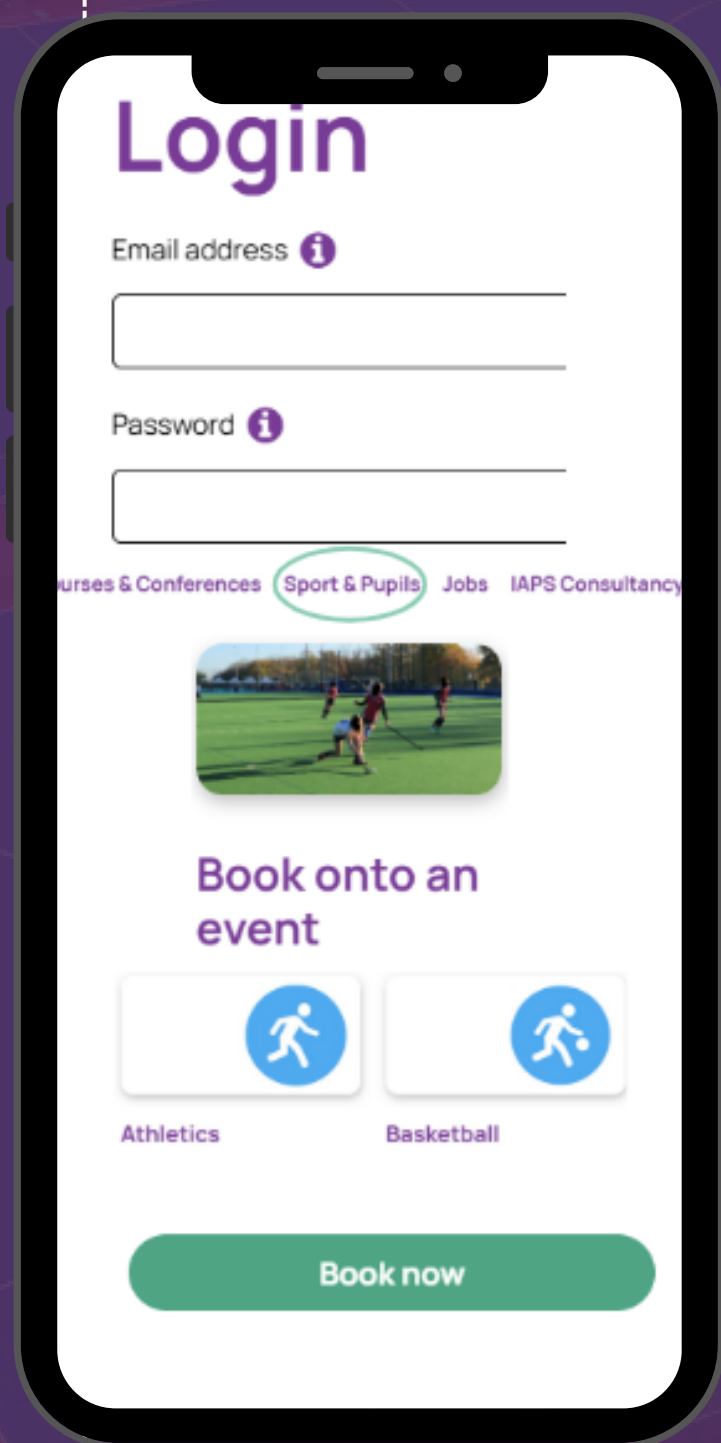
Year group	Cycle distance	Cycle laps
Year 5	2000m	2
Year 6	4000m	4
Year 7	4000m	4
Year 8	6000m	6

#### Run distances

Year group	Run distance	Run laps
Year 5	1200m	2
Year 6	1800m	3
Year 7	1800m	3
Year 8	2400m	4



# BOOKING ONTO AN IAPS SPORT EVENT



The image shows a smartphone screen displaying the IAPS website. At the top, the word 'Login' is in large purple font. Below it are two input fields: 'Email address' and 'Password', each with an information icon (i) to its right. Below the password field is a navigation bar with links: 'Courses & Conferences', 'Sport & Pupils' (which is circled in green), 'Jobs', and 'IAPS Consultancy'. Below the navigation bar is a photo of children playing on a green field. Under the photo, the text 'Book onto an event' is displayed. Below this text are two buttons: 'Athletics' with a blue circular icon of a person running, and 'Basketball' with a blue circular icon of a person dribbling a basketball. At the bottom of the screen is a large green button labeled 'Book now'.

Ensure you are logged in to the website

Find 'Sport & Pupils' at the top of the page

Select 'Book onto an event'

Select the sport you would like to make a booking for.

If bookings are open, select 'Book now' to make your booking.

Please email us at [sport@iaps.uk](mailto:sport@iaps.uk) if you have any issues booking on to an event, and we will advise.

# HOST AN IAPS SPORT EVENT

We are very fortunate to have a lot of generous schools which like to host our events, but we are always keen to collaborate with new schools.

## A brief overview of hosting an IAPS sport event:

### IAPS Sport will:

- Offer schools one free place at their event.
- Undertake all administration and bookings.
- Promote the event to member schools.
- Contribute towards agreed expenses.
- Arrange for branded medals to be delivered to your event.
- Be the first point of call for support and advice.

### Host school will:

- Ensure it has appropriate insurance in place.
- Submit their predicted event expenses to IAPS prior to the event, to be agreed with IAPS.
- Create an event programme.
- Run the event.
- Record results from the event.
- Submit expenses to be paid by IAPS.

If you are interested in hosting an sport event for us, please contact us at [sport@iaps.uk](mailto:sport@iaps.uk) to discuss.

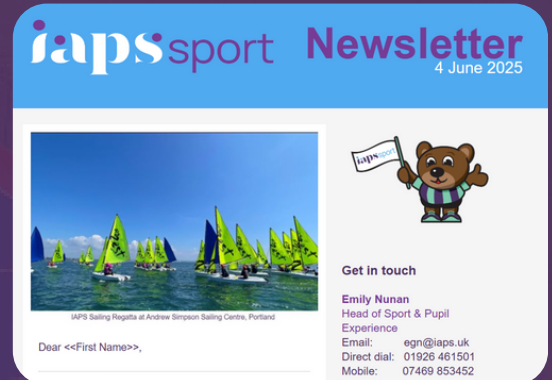




# SPORT NEWSLETTER

A fortnightly newsletter with important information about:

- Entry deadlines
- Sport events
- National governing body guidance
- Hosting an IAPS Sport event
- Results



Any member of staff at an IAPS School, who has a school email address, can sign up to receive the newsletter.

[Sign up to receive the newsletter here](#)

## SPORT AND PUPIL EXPERIENCE COMMITTEE

The IAPS Sport and Pupil Experience Committee is made up of a representative from each IAPS District. The Committee meets once a term to discuss the IAPS Sport and Pupil Experience programme, national governing body updates and sport in prep schools.

We welcome any feedback from schools, so please contact your [District Representative](#) if you would like anything to be raised for discussion at the next meeting.



# PARA-COMPETITIONS

If you have a child at your school who you would like to get involved in one of our events, but an adaptation would be required, please contact the sport team to discuss ([sport@iaps.uk](mailto:sport@iaps.uk))

We are dedicated to ensuring that all our events are inclusive. Our goal is to provide opportunities for everyone, and we will work to accommodate individual needs to make sure all pupils feel included.

**Para-competitions are already in place at the following IAPS events:**

Table tennis



Triathlon



Swimming







Independent  
Association of  
Prep Schools

## Website

<https://iaps.uk/sport.html>

## Instagram

@iapsuksport



@iapsuksport

## Email

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