

N67 Teen Tips: Mental health awareness and best practise

Date Wednesday 3 November 2021, 1000-1130

Venue Online via Zoom

This session gives staff an understanding of the factors affecting mental health and how our individual attributes, environments, behaviours and personal circumstances dynamically interact with one another to influence mental wellbeing.

Audience IAPS Senior Leader members

Objectives We will explore best practice and share intervention strategies which other schools

have tried and found effective in their communities.

Course Director Alicia Drummond, founder of Teen Tips Ltd