



Teenagers Translated offer inspiring, informative & imaginatively delivered programmes in schools for students, staff & parents. The programmes ultimately benefit children by promoting all round support to social, emotional and moral learning and help to create self confident, motivated young people with good communication skills and an ability to cope in today's rapidly changing world. Our programmes have been delivered in a range of schools including Queen Mary's (Thirsk), Aysgarth, Port Regis, Cundall Manor and Notting Hill Prep.

- **Student workshops** from Year 7 – Year 13 nurturing social, emotional & moral learning. These help children to develop their intuition, judgement, ability to respond appropriately and to develop resilience. Topics include resolving conflict, assertiveness, maintaining friendships, managing and understanding behaviour, communicating clearly and goal setting.
- **Staff Courses & Inset Presentations** covering a wide range of concepts to enhance pastoral roles and boost teaching skills by deepening an understanding of the needs of the developing child. Concepts include the changing teenage brain, personality development, understanding behaviour patterns and responses, strategies for discipline, establishing positive classroom relationships, and boosting student attention, focus and capacity to learn.
- **Parent Talks** which are informative, practical and delivered in an engaging way in order to improve parent/child relationships. We aim to deepen an understanding of how physiological development, especially during the teenage years, impacts behaviour and we focus on practical strategies to help parents handle real life situations.