809 Becoming an Emotionally Intelligent School: Promoting Mental Health and Dealing with Mental Ill-Health in Schools

Date: Monday 23 January 2017
Venue: Holiday Inn Hotel, Regent’s Park, London W1W 5EE
Cost: Online £199 (non IAPS members – additional £100)

This course will introduce key concepts and basic tools for improved mental health and wellbeing in school aged children. The programme will comprise:

Context
- Mental Illness in School Aged Children
- Key concepts and definitions in mental health, learning disability and neuro-disability – de-mystification and “jargon busting”
- Brief overview of diagnoses, interventions and outcomes

General Skill
- Early identification of mental ill health
- Engaging effectively with mental health professionals
- Supporting and working with families, carers and friends
- Crisis de-escalation and keeping everyone safe

Specific Skills Workshops
- Autistic Spectrum Disorders
- Self-Harm
- Body Dysmorphia and eating disorders
- Substance Misuse and addictions
- Applied skills training through work-shopping "real world" scenarios and case studies
- Expert question and answer session
- Reading list and take-away resources for staff and pupils.

Audience: Heads, HoDs, Senior Management Team, Pastoral Staff, School Nurses

Objectives: IAPS and Priory Group recognise that poor mental health, for pupils and staff, can lead to poor educational outcomes and disruption to school life. More importantly, for pupils it contributes to poor long-term mental health and reduced quality of life. Developed by Priory Group, exclusively for IAPS, in response to identification by IAPS members that specialist training in children's mental health was an area of unmet need; this course has been designed specifically to meet the desire of those in the teaching profession to deliver improved support for mental ill health in their schools. Delivered by three expert child and adolescent mental health consultants the course will include an introduction to mental illness in school aged children, including an overview of diagnosis, interventions and outcomes, and will equip the audience with knowledge of how to identify mental illness early on, engage with mental health professionals effectively, support their pupils and their families and friends during episodes of mental illness and now to de-escalate crises and keep all involved safe. Including interactive skills workshops and applied skills training, an expert question and answer session and resources for attendees to take back to their schools, this course will enable those attending to develop their offer of support surrounding mental ill health to pupils and their families as well as to their staff.

CANCELLATION If a delegate cancels his or her application up to and including 4 weeks prior to the date, a refund of 75% of the fee will be given. 50% of the fee will be refunded up to and including 2 weeks prior to the date. Thereafter, IAPS regrets that no refund can be made. INSURANCE IAPS regrets that it cannot accept liability for loss or damage however caused to the personal property of any person attending this or any other event organised under the auspices of the Association.

Book online at iaps.uk
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IAPS Registered in England number 187052 VAT Registration number 240050327
**Course Director:** Dr Hayley van Zwanenberg, Clinical Director, Priory Group

**Speakers:** Dr Hayley van Zwanenberg, Consultant Child and Adolescent Psychiatrist, Medical Director Woodbourne Priory Hospital and Nottingham Priory, Clinical Director for Priory Wellbeing Centres  
Dr David Kingsley, Consultant Child and Adolescent Psychiatrist, Clinical Director - Priory Group CAMHS Services, Honorary Research Fellow - University of Chester  
Dr Pippa Hugo, Consultant Child & Adolescent Psychiatrist, Clinical Director Priory Eating Disorder Services

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**PRELIMINARY PROGRAMME - PLEASE CHECK IAPS WEBSITE AS DETAILS WILL BE LOADED AS SOON AS FULL PROGRAMME AVAILABLE**

**Programme: Monday 23 January 2017**

- **1000** Registration and coffee
- **1300** Lunch
- **1600** Depart
**Location Details**

**Holiday Inn**  
LONDON-REGENT'S PARK  
CARBURTON STREET  
LONDON, W1W3E6  
Tel: 0870-4009111

**Underground**
- Great Portland St station 60 metres (Circle, metropolitan and Hammersmith and city lines)
- Warren St station ¼ mile (Northern and Victoria lines)
- Regents Park station ¼ mile (Bakerloo line)

**Rail**
- Euston ¾ mile,
- Kings Cross St. Pancras 1 mile
- Paddington 2 miles (for the Heathrow Express)

**Air**
- Heathrow Airport 19 miles
- Gatwick Airport 29 miles