



Helen Lowe

Helen Lowe has worked in schools in both the state and independent sectors since 1989. Helen became the Head of King's House School Junior Department in Richmond-upon-Thames in 2009 and then moved in 2012 to become Head of Bute House Preparatory School for Girls in west London. Helen retired from Headship in August 2021 after many very happy and successful years.

Since September 2021, Helen has worked as an independent education consultant in schools around the country and has delivered training in schools, and for IAPS. Helen has an especial interest in communication, in particular providing people with the skills to manage even the most difficult conversations successfully.

Before moving into education, Helen trained as a professional actor at the Guildhall School of Music and Drama and at Drama Studio, London. During the 1980's Helen worked as a professional actor, playing a range of roles – from panto to Shakespeare – in theatres across the UK. In 2008 – 2009, Helen completed a Certificate in Performance Studies at RADA/King's College, London and continues to train and work with young actors, alongside her work in education.

