



2023 IAPS Trampoline Championships

Hosted by
Royal Russell School

**Welcome to Royal Russell School and this year's IAPS
Trampoline Championships.**

We have over 180 competitors from 10 schools competing
today. Good Luck to all of you!

Schools competing today

St Faith's, Lambrook, Millfield, St Piran's, Royal Russell, Lancing College
Preparatory School at Worthing, Pembridge Hall School, Gatehouse,
Bishops Gate and Hall Grove.

I would like to thank all today's judges and officials without whom today would not happen. Thanks also to everyone behind the scenes who have worked hard to make today a success, especially the estates team and catering team who have fed us so well today.

Also to RSC Trampoline Club whose support today is invaluable providing equipment, judges and valuable expertise. Thank you without your help today would not have happened.



MERCHANDISE

IAPS are delighted to have Shirt Logos as official merchandisers, to sell branded products both online and at events throughout the year. All commission made from merchandise is directly put back into running the sports programme.

PHOTOGRAPHY

Mark In Time photography are taking pictures of all competitors today, view your competitors photos at their stand and purchase a special memento of today's competition. www.markintimephotography.co.uk

IAPS staff and representatives may use different forms of media to capture images or film, which will be used as listed in the IAPS media policy. IAPS will be the data controller of these images and it will be protected under their data protection policy.

RULES

The 2023 Trampoline championships are run under British Gymnastics rulings:

https://www.gymnastics.sport/publicdir/rules/files/en_TRA%20CoP%202022-2024.pdf

HOUSEKEEPING

- Please note for safety reasons **FLASH PHOTOGRAPHY IS PROHIBITED** whilst the competitors are on the Trampoline.
- Tea, coffee and biscuits for parents are available from the refreshments table and children's drinks & snacks at the children's refreshments table.
- Please use the bins provided.
- If in the unlikely event of the fire alarm sounding please leave by the nearest useable exit and meet on the 'top pitch' outside of the sports hall.
- Royal Russell accepts no responsibility for loss or damage to property or personal articles.
- Cars are parked at the owner's risk. Royal Russell takes no responsibility for loss or damage.
- Lunch will be served for all competitors, officials and coaches. Spectators may purchase lunch at a small additional charge using card payments only.
- Royal Russell School is a NO smoking site.

I hope everyone has an enjoyable day!

Many thanks, **Laura Lloyd (Competition organiser)**

TIMETABLE 2023

	PANEL 1	PANEL 2
0845 – 1015 Warm Up Set & Vol Compete Set & Vol	U11 Girls Flight 1	U9 Girls Flight 1
1015 – 1145 Warm Up Set & Vol Compete Set & Vol	U11 Girls Flight 2	U9 Girls Flight 2
1145 – 1315 Warm Up Set & Vol Compete Set & Vol	U11 Girls Flight 3	U9 Boys
1230-1415 LUNCH AVAILABLE		
1315 PRESENTATION FOR MORNING GROUPS		
1345 – 1515 Warm Up Set & Vol Compete Set & Vol	U11 Boys	U13 Girls
1515 – 1630 Warm Up Set & Vol Compete Set & Vol	U13 Boys	
1630 PRESENTATIONS FOR AFTERNOON GROUPS		

PLEASE NOTE: The competition may run up to a 30 MINUTES early or late during the day. Your co-operation to keep to time is much appreciated.

A guide to Trampolining

Each pupil will compete two 10 bounce routines, a set routine from a choice of 3 routines and a voluntary routine which can be any 10 skills. For the IAPS competition the maximum tariff allowed is 5.0. Each skill has a tariff depending on its rotation and twisting elements e.g. a front somersault tucked has a 0.5 tariff and a front drop 0.1.

The judges score each move out of 0.5 with 0.0 being judged as a perfect skill and 0.5 unrecognizable. These 10 scores are added up and deducted from 10.0 leaving an execution mark for the routine. An average score is in the 7's, any pupils scoring high 8's are showing great style, control, consistency of height and stretch. For the pupils voluntary the tariff of the routine is also added.

Teams consist of 3 or 4 pupils, the 3 highest set scores and voluntary scores are added up. The highest scoring team are the winners.

This year we have 4 execution judges (style) plus an HD judge (travel) the 2 middle scores for execution are added to the HD score, in the voluntary a tariff is also added.

Format of the 2023 National Trampoline championships:

In the individual competition in each category the top 6 gymnasts will be presented with an award.

In the team competition, the A teams, are eligible for the 'cup' competition- the top 3 A teams in each category will be presented with an award. The B, C and D teams are eligible for the 'plate' competition- the top 3 teams in each category will be presented with an award.

SAFEGUARDING

IAPS believes that the welfare and wellbeing of all children (young people under the age of 18) and adults at risk attending an IAPS event is of the highest concern. All such persons have the right to safety and protection and any suspicions, concerns or allegations of harm will be taken seriously and will be dealt with swiftly and appropriately.

IAPS expects all adults who are engaged with the delivery of sports events to fully comply with safeguarding procedures as laid out in the IAPS Safeguarding Policy and Procedures, and the latest KCSiE document (these are available on our website: sport.iaps.uk/safeguarding).

IAPS expects all coaches/teachers present to be DBS checked and have received relevant safeguarding training at their school/club.

IAPS expects that all adults attending events have read the IAPS code of conduct, photo policy & anti bullying policy. These are available to read and download from our website here: sport.iaps.uk/safeguarding

If you have any safeguarding concerns, please speak to a member of the organising team.

CODE OF CONDUCT FOR SPECTATORS

Your school is a member of IAPS, the Independent Association of Prep Schools. IAPS is a school's association with 670 member schools, both in the UK and internationally. IAPS was founded in 1893 and for over 120+ years we have been committed to supporting head teachers in their roles as leaders of the top prep and independent junior schools in the country. Membership of IAPS says a great deal about the quality of the school you send your child to for their education.

We provide services to our members offering support and guidance to head teachers and professional training for staff. We also provide opportunities for children to take part in sport and art competitions. We are not a private company solely engaged in running sports competitions.

The annual sports programme offers a range of team and individual events for children who attend IAPS schools. The children are able to compete in a fun, safe and competitive environment. Every year, over 160 events are organised, in 22 sports, with 22,000 children participating. All organisers and qualified officials are passionate volunteers, who help us to deliver the events in line with National Governing Body rules and regulations.

Where permitted, we are delighted to welcome spectators to attend IAPS events to support the children. Our agreed code of conduct highlights IAPS's expectations of spectators, to ensure that all events are enjoyable and fair for the children involved, and we hope you would support us by reading and applying the following code;

1. Be a positive role model and lead by example; children are involved in sport for their enjoyment and without undue spectator pressure.
2. Encourage children to play by the rules.
3. Respect the officials and their decisions at all times.
4. Respect the coaches and their decisions. They give their time, energy and experience to coach your children.
5. Refrain from verbal or indeed physical abuse towards players, officials and fellow spectators.
6. Be friendly and respectful to the opposition.
7. Teach children that effort and teamwork are as important as victory so that the result of each game is accepted without undue disappointment.
8. Turn defeat into victory by helping children work towards skill improvement and a positive sporting attitude.
9. Be aware that IAPS events have comprehensive safeguarding policies and procedures, available on our website: <https://sport.iaps.uk/safeguarding>
10. Relax and enjoy the event.
IAPS wants all the competitions it runs to pass without any negative incidents. Excitement and emotion can run high at the events, not least amongst the supporters.

Despite this, unpleasant and inappropriate behaviour is very rarely in evidence at our events but you should be aware that IAPS retains the right to ask you to leave the event, if you fail to comply with the code of conduct.

IAPS regrets that, in the absence of negligence, it cannot accept liability for loss or damage however caused to the personal property of any person attending this or any other event organised under the auspices of the Association.

If any item is of significant value then participants are advised to check the cover that may be in place under existing policies (eg House Contents Insurance etc) and, if in doubt to effect specific insurance to cover the item in question for the duration of this event – it is suggested that this should include travel to and from the event venue.



Website <https://iaps.uk/sport.html>

Twitter @iapsuksport

Instagram @iapsuksport

Emily Connell

Sport Events Manager & Designated Safeguarding Officer

ec@iaps.uk

01926 461501 (Direct Line)

07469 853452 (Mobile)

Mike Kershaw

Sport Events Coordinator & Deputy Safeguarding Officer

mjk@iaps.uk

01926 461513 (Direct Line)

