



Girls' Hockey Championships

Rules and regulations

- 7-a-side
- Max of 10 players in a squad
- Girls only teams
- Half astro pitch size

The national governing body for hockey in England is [England Hockey](#).

All IAPS hockey championships are conducted under the England Hockey In2Hockey rules, including events hosted in Scotland, Wales and abroad.

Please read the rules and regulations in full [here](#).

IAPS eligibility

Our eligibility criteria is available to download on our website [here](#).

1. All competitors must attend an IAPS School.
2. Competitors ages must be taken from 1st September of that academic year.
3. Competitors can only participate in one age group throughout the competition. The competition is defined as both qualifying events and the finals.
4. Unless otherwise specified, schools can only enter one team per tournament/championships.
5. Only competitors who are part of the Prep School are eligible to take part. Competitors in Year 7 and Year 8 who are part of the Senior School are not eligible to take part in U12 and U13 events.
6. Only a member of school staff with a school email address can book onto an event.
7. Bookings are made on a first come, first served basis.

Equipment

- Lightweight ball
- Face guards
- Gumshield
- Goalkeepers must be fully kitted

Umpires

- Schools must provide a competent and confident umpire, unless otherwise advised.

Qualifying for the finals





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- Schools must enter a qualifier to be eligible for qualification to the finals.
- The number of teams qualifying for the finals is determined by IAPS based on the total number of entries and qualifying events.
- IAPS will publish a list confirming how many schools qualify from each qualifier after entries has closed.

Finals

- As many neutral umpires as possible will be provided to support the delivery of the finals.
- Schools **must** be prepared to provide an umpire for the finals.

U11 – **Friday 15 November 2024** at **Repton School**

U12 – **Monday 18 November 2024** at **Clifton College Prep School**

U13 – **Friday 29 November 2024** at **Stamford Junior School**





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Medals and certificates

Qualifiers

Cup & Plate - 1st - 3rd place will receive a medal.

Bowl - 1st - 3rd place will receive a badge.

Finals

1st - 3rd place in the cup, plate and bowl competition will receive a medal.

Certificate

A participation certificate is available for schools to download and issue to competitors [here](#).

Over age playing policy

If you have a pupil who is out of age and wishes to play Hockey with their year group, you can apply directly to England Hockey for approval to play out of age.

[England Hockey Over Age Players Policy.](#)

Scoring for the championships

Points

- 3 points for a win
- 1 point for a draw
- 0 points for a loss

Pool stages

The group order will be decided by the number of points scored by each team.

In the event of a tie on points, the following will decide final placings:

1. Goal difference
2. Goals scored
3. Winner of match between the tied teams*
4. Barrage of 3 penalty strokes (**3 players selected from the squad**)
5. Sudden death penalty strokes**

*Head-to-head result between two teams is the result of the match played between the two tied teams.





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**Sudden-death is started by the team that did not start the shoot-out and players may proceed in a different order from the initial best-of-three round

Knockout stages

In the event of a draw at full time, the winner will be decided by:

1. A period of "Golden Goal" extra time up to a maximum of 5 minutes
2. Barrage of 3 penalty strokes*
3. Sudden death penalty strokes*

* At U11 competitions, penalty strokes can be taken 5m from the goal line rather than 7m.

Injury and accidents

Play may be stopped if the Umpire deems it necessary due to the injury or illness of a competitor.

Great care should be taken in moving an injured competitor or ill competitor from the court. Should the Primary Care Person/Umpire feel that an injury is critical (e.g., head, neck or back) and that the injured competitor should not be moved without assistance from Medical Staff, the umpires and schools should note the time lost during treatment and report it to the competition organiser who will adjudicate.

Risk assessment

A full risk assessment is carried out by the host. If you would like a copy of the risk assessment, please contact [IAPS Sport](#).

IAPS policies

Please make sure you have read and understand our policies before booking onto an IAPS Sport event. All policies and procedures can be found on our website [here](#).

