

Disability and inclusion

Youth Sport Trust links to useful resources.

September 2021

Inclusion programmes and resources

1) All About Autism, All About Me
Developed by the Youth Sport Trust, and endorsed by the National Autistic Society, this is a digital and practical toolkit, building upon knowledge of autism spectrum conditions (ASC) and some of the key considerations for making PE and sport inclusive to all. It is free for schools across England to access throughout 2020-21. E-learning resources.
2) TOP Sportsability
TOP Sportsability is a unique inclusive activities programme developed by the Youth Sport Trust in partnership with National Governing Bodies of Sport.
3) Coronavirus support
PE resources to support in-school and remote learning for children and young people with Special Educational Needs and Disabilities (SEND) or those attending Alternative Provision schools. SEND specific resources.
4) Lead inclusion schools
There are 50 Youth Sport Trust Lead Inclusion Schools across England who have been selected for their recognised expertise in engaging young people with Special Educational Needs and/or Disabilities (SEND) to participate, compete and lead through PE, physical activity and school sport.
5) Inclusion programmes
A list of inclusive programmes Youth Sport Trust run.

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