



Independent  
Association of  
Prep Schools

## P58: Sport – Coaching and teaching mixed ability groups

**Date** Monday, 26 September 2022  
**Venue** Bilton Grange, CV22 6QU  
**Cost** £229 (non IAPS members – £329)

The course will be led by Jack Rolfe, the founder of [The Coaching Lab](#) and creator of MatchPlay Cards©. Jack loves playing games and believes no player should ever ask to play a game but rather should be asking what game are we going to play? His experiences as a "failed " international hockey athlete led him to study at Canterbury Christ Church University before stepping into UK education and coaching which later transferred to heading down under to Australia to experience more world class environments and expand the growth of The Coaching Lab.

The Coaching Lab MatchPlay Cards© are a series of multisport challenge cards to help coaches and teachers to promote decisions, play more games, work with mixed ability and create great sporting experiences. Working with several National Governing Bodies, Premier League Academies, leading world class sports and countless educational environments the reach and impact of MatchPlay Cards© can be seen across the world.

**Audience** Heads of sport, PE teachers, academic staff who support games programmes, external sports coaches

**Objectives** Attendees will leave the course with a new set of tools, resources and confidence to work with mixed ability groups. We will explore how we can use a games based approach to learning to maximise pupil engagement, deliver a sporting experience that is playful and recourses to challenge pupils individually and collectively.

**Course Director** Jack Rolfe, The Coaching Lab

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**Programme: Monday, 26 September 2022**

- 1000** Welcome and introductions
- 1030** Story behind Matchplay cards and how to use them
- 1100** Designing games for maximum learning
- 1230** Lunch
- 1330** Not being someone's last coach/teacher
- 1415** Challenging players through games
- 1530** Plenary/Q&A
- 1600** Departure

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